



DIVINE TIME FREEDOM

**A Simple Faith-Based System to
Restore Order, Peace and Joy**



Declutter Your Schedule

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In light of what we know about God's desires for us, I would like you to go through this practical decluttering exercise. It will feel great to clear up some time to reconnect with God or to get closer to Him.

Step One:

Lay Out Everything In Your Schedule

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Step Two:

Separate Out Must-Do Activities

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Step Three:

Ask God About Changes

N O T E S

Step Four:

Focus On the Optional

N O T E S

Step Five:

Pay Attention to Heavy Emotions

N O T E S

Step Six:

Pay Attention to Light Emotions

N O T E S

Step Seven:
Journal Your Thoughts

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Step Eight:
Take Action

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Transform Your Schedule

If you want to not only declutter your schedule but also know how to get it organized and put together in a way that feels joyful and honors God, join me for a two-day virtual retreat to Transform Your Schedule in a Weekend.

In this retreat, you'll get a complete faith-based system to reconnect with God, hear His direction, make changes with your schedule, and put together a plan that feels encouraging and supportive of you and your goals. You'll also have the opportunity to ask me questions live as well as interact with our individuals on the path to creating a life of peaceful productivity.

To learn more about how to join us [click here](#).

It's happening very soon, and I'm so excited to see you there!